

# St. Stanislaus Cathedral

[www.saintstanislauspncc.org](http://www.saintstanislauspncc.org)

Email: [Events@SaintStanislausPNCC.org](mailto:Events@SaintStanislausPNCC.org)

**The First Parish of the Polish National Catholic Church**

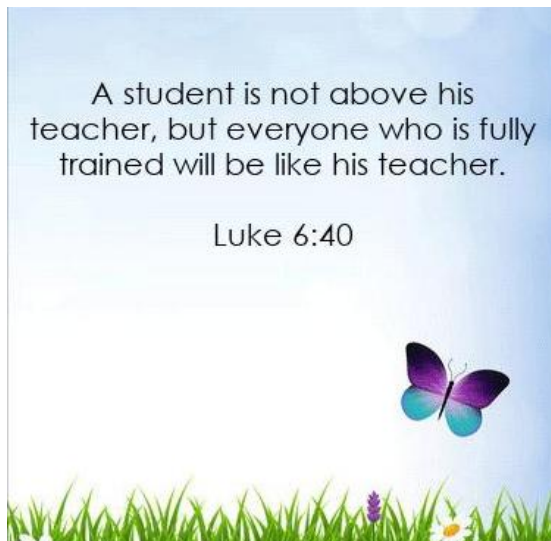
**529 East Locust St. Scranton, PA 18505 – Office 570-961-9231**

The Right Reverend Bernard J. Nowicki, DD, pastor – [bishop@saintstanislauspncc.org](mailto:bishop@saintstanislauspncc.org)

The Reverend Janusz A. Lucarz, assistant pastor – [frjanusz@saintstanislauspncc.org](mailto:frjanusz@saintstanislauspncc.org)

Ms. Rebecca Elfman – Organist / Director of Music

## Quinquagesima in Ordinary Time March 2, 2025



**Masses: 8:00 am**–Traditional Holy Mass      **9:30 am**–Contemporary Holy Mass  
**11:15 am**–Traditional Holy Mass, Cathedral Chapel, Our Savior, Tripp Park

**Parish Office:** 570-961-9231 –**Youth Center:** 570-961-8364  
Fred Aebli: [Parishchair@saintstanislauspncc.org](mailto:Parishchair@saintstanislauspncc.org)  
Announcements: [Bulletin@saintstanislauspncc.org](mailto:Bulletin@saintstanislauspncc.org)  
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Parish Information: [Office@saintstanislauspncc.org](mailto:Office@saintstanislauspncc.org)

### Today

**Annual Parish Meeting following Holy Mass.**

**Ash Wednesday, March 5<sup>th</sup>** – Opening of the Lenten Season

8:30 am – Holy Mass, distribution of blessed ashes

12:00 Noon – Holy Mass, distribution of blessed ashes

7:00 pm – Holy Mass, distribution of blessed ashes

**Thursday, March 6<sup>th</sup>**

6:30 pm – Cathedral Chorale rehearsal

**Saturday, March 8<sup>th</sup>**

10:00 am – Confirmation class

11:00 am – First Communion class

**Next Sunday, March 9<sup>th</sup> – First Sunday of Lent**

Holy Mass: **8:00 am** Traditional **9:30am** Contemporary

**11:15 am** Cathedral Chapel, Tripp Park

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**No Solemnity Observance** for the Institution of the PNCC is scheduled this year as the Sunday of the Solemnity, March 9<sup>th</sup>, falls on the first Sunday of Lent. In such circumstances, which occur periodically, the celebration of the first Lenten Sunday takes precedence over the Solemnity normally assigned on that day.

**Schedule of Readers for Stations of the Cross** – **March 12<sup>th</sup>** – ANS; **March 19<sup>th</sup>** – YMS of R; **March 26<sup>th</sup>** – Cathedral Chorale; **April 2<sup>nd</sup>** – UYA; **April 9<sup>th</sup>** – Parish Committee.

**Scranton Seniorate Lenten Retreat, 2025** – The program, *Meal in the Upper Room*, will be the main feature of this year's retreat and will take place from 10:00 am to noon on Saturday, March 29<sup>th</sup>. The St Stanislaus Cathedral will serve as the venue for this year's program which will begin in its lower chapel and continue in its Youth Center.

**A limited number of seats is available so reservations are essential and must be made through the Cathedral Parish office at 570.961.923 no later than March 21<sup>st</sup>.**

The *Meal in the Upper Room* is a program of penitential preparations, melody and meditation offered within a meal setting that many in years past have found meaningful and uplifting. Include this event among your observances of Lent. *A freewill offering will be taken and used towards the Meal expenses.*

### *Lectors:*

3/2 – 9:00 – Patrick McHugh

3/9 – 8:00 – Kathy Michalina

9:30 – Judy Snyder

11:15 – David Rychleski

**The Four Traditional Lenten Disciplines:**  
*Praying, Almsgiving, Fasting, Scripture Reading*

**PRAYING** is the first of the Lenten disciplines:

- praying daily at home;
- praying every Sunday in Church at Mass;
- praying every week at Lenten devotions on Wednesdays and/or Fridays
  - in the Cathedral on Wednesdays, 7:00 pm
  - in the lower chapel on Fridays at 12:00 noon;
- coming to church 15 minutes before every Sunday Mass to read and meditate on the *scripture readings* provided in the order of service for the Mass;
- coming to church 15 minutes before every Sunday Mass, to read and meditate on the *hymn texts* selected for the Mass since hymns are poetic prayers, reflections and also tiny yet pithy sermons which can provide you with guidance and comfort.

**ALMSGIVING** - monetary offerings, grants, gifts, bequests and donations:

- providing increased offerings to the Church at its various levels – parochial, diocesan and national;
- contributing more broadly to various parish projects, needs;
- arranging the inclusion of a generous bequest to the Church from your estate after your death;
- responding to requests you receive in the mail for worthy charities;

**FASTING** is a long-hallowed Lenten discipline:

- adjusting your dietary routines by not eating any meat each Wednesday and Friday – without substituting lobster and scallops for the meat you're not eating;
- giving up one or more things through the whole season that you like to eat/drink or something you enjoy doing;
- *fasting from wrongdoing*, that is, doing good to others, doing acts of love towards others, doing random acts of kindness towards others.

**READING SCRIPTURE:**

- Bible reading each day through Lent on the theme of living out the Season of Lent as Resurrection People as given below.
- All these disciplines require a sacrifice – the sacrifice of your time for prayer, Lenten devotions, scripture reading, fasting and almsgiving.

These four activities comprise the Lenten mortification you hear about each year. But it's less about the mortification of the flesh than about something much worse, and for many of us, far more painful; the *Lenten mortification outlined for you above is truly about the mortification of your personal schedules* – which would need to be adjusted within the seven-week period in order to accommodate your participation in the various Lenten disciplines, as you prioritize *those* activities over other activities in your schedules.

# A Journey Through Lent



## The FOUR LENTEN DISCIPLINES – Praying, Fasting, Almsgiving and Daily Bible Readings

*Let's live Lent as People of the Resurrection.....*

....following our Saviour as he takes up his cross. We repent of our sins. We live Lent knowing the end of the story. Our sins are forgiven, washed away in Jesus' blood. The promise of the empty tomb is the promise of paradise!

PONDER THE LOVE OF GOD  
*Repent and Receive Forgiveness*

<i>Ash Wednesday</i>	God redeems His people	Psalm 77:12-15
<i>Thursday</i>	A gift of love	Luke 15:8-10
<i>Friday</i>	Have mercy	Psalm 51:1-7
<i>Saturday</i>	Made clean	1 John 1:7-10

*(HELP YOUR CHILDREN learn the citations in the Bible:*

**Luke** is a Book in the Bible.

**15:** is the chapter of a Book in the Bible.

**1-7** are the verses of the chapter of a Book in the Bible.)

## Lenten Services and Events

**Ash Wednesday – March 5<sup>th</sup>** – 8:30 am – Holy Mass, distribution of blessed ashes  
12:00 noon – Holy Mass, distribution of blessed ashes  
7:00 pm – Holy Mass, distribution of blessed ashes

**Fridays** – 12 noon (**beginning March 14<sup>th</sup>**) – Stations of the Cross, chapel, lower chapel

**Wednesdays** – 7:00 pm – Stations of the Cross, Cathedral

Various societies and parish ministries will read the meditations each week.

*(Cathedral Chapel, Tripp Park attendees may worship at the hour given above on either day)*

**Breakfast Buffet with the Easter Bunny** sponsored by Branch #1 of the YMS of R takes place **Sunday, March 30<sup>th</sup>** after 9:30 a.m. Mass in the Parish Youth Center. **Tickets are: Adults - \$10.00; Children age 4-12 - \$5.00; Children ages 3 and under: Free.** Please make reservations in the Parish Hall after 9:30 am Mass on Sundays or call Frank Gerardi 570-587-3672. A *limited* number of tickets will be available at the door, so please make your reservations by **Thursday, March 27<sup>th</sup>**.

**Easter Flower Donations** – As Lent begins, please consider donating \$25.00 to the ANS Flower Fund in honor or memory of loved ones. Your donation will help beautify our Altars for Easter. Please make checks to ANS Flower Fund and drop in Offertory Basket or mail to 529 E. Locust St. Scranton, PA 18505 by **April 13<sup>th</sup>**. Please include names of loved ones. Any questions please contact Connie Tellep (570) 222-4409.

#### ***THIS WEEK'S LITURGIES***

**Monday, March 3**

8:30 am – Holy Mass

**Tuesday, March 4**

8:30 am – Holy Mass

**Ash Wednesday, March 5**

8:30 am – Holy Mass, distribution of blessed ashes

12:00 NOON – Holy Mass, distribution of blessed ashes

7:00 pm – Holy Mass, distribution of blessed ashes

**Thursday, March 6**

8:30 am – Healing Mass

**Friday, March 7**

8:30 am – Holy Mass

**Saturday, March 8**

8:00 am – Holy Mass

#### ***Church Dates Ahead***

**March 5<sup>th</sup> – Ash Wednesday**

8:30 am, 12:00 noon and 7:00 pm – 3 Holy Masses with distribution of ashes

***DURING LENT:***

**Wednesdays – Stations of the Cross with Benediction of the Blessed Sacrament**

7:00 pm – Cathedral

**Fridays – Stations of the Cross,**

**beginning March 14<sup>th</sup> 12:00 pm – Lower chapel**

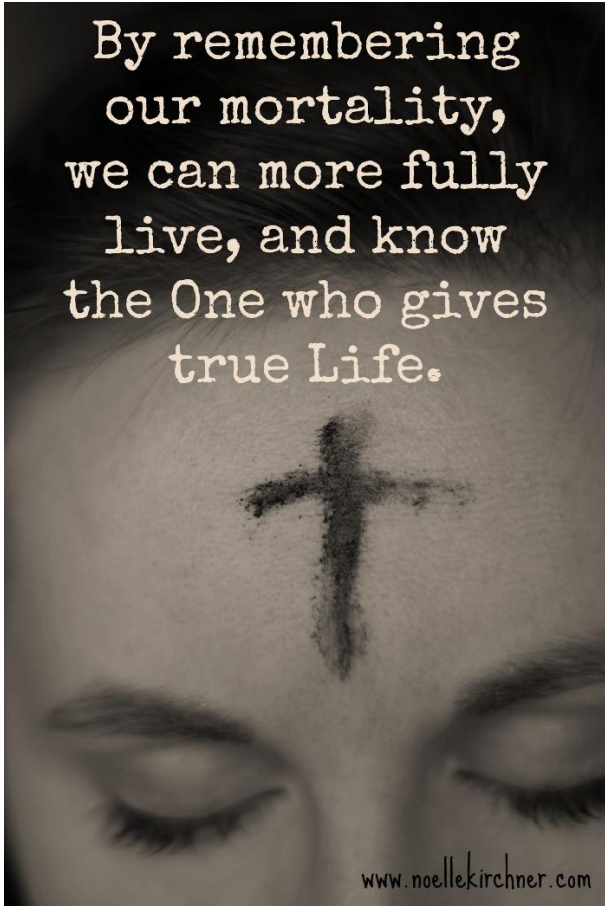
**Saturday, March 29<sup>th</sup> – Scranton Seniorate**

**Lenten Retreat, Meal in the Upper Room**

*(please see bulletin item given above)*

**April 13: Palm Sunday**

**April 20: Easter**



By remembering  
our mortality,  
we can more fully  
live, and know  
the One who gives  
true Life.

[www.noellekirchner.com](http://www.noellekirchner.com)

