St. Stanislaus Cathedral

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Ms. Rebecca Elfman, Director of Music & Organist Mrs. Mary Ann Stankowski, Bell Choir Director

January 26, 2025 ~ Third Sunday in Ordinary Time

PRELUDE Praise God, from Whom All Blessings Flow

J. Pachelbel

Prayer Before Holy Mass (please rise)

My dear God and loving Father, as I participate in this Holy Mass, may Jesus fill me with His holy grace when I open my heart to Him in sincere prayer. May the sacraments I will receive, the prayers that I will say and the hymns that I will sing bring me closer to Jesus and help me to be more like Him in all that I say and do. May the Holy Communion that I will receive give me strength, so that I may share faith, hope and love with the people I will meet. Amen.

OPENING HYMN Christ Is Made the Sure Foundation

REGENT'S SQUARE

Christ is made the sure foundation, Christ the Head and Cornerstone, Chosen of the Lord and precious, binding all the Church in one; Holy Zion's help forever, and her confidence alone.

To this temple, where we call You, come, O Lord of Hosts, and stay; Come with all your loving-kindness; hear Your people as they pray, And Your fullest benediction shed within these walls today.

Praise and honor to the Father, praise and honor to the Son, Praise and honor to the Spirit, ever three and ever one; One in might and one in glory while unending ages run! INTROIT Psalm 147:1-3

C: How good to celebrate our God in song; how sweet to give fitting praise. The Lord rebuilds Jerusalem, gathers the dispersed of Israel. **R: Heals the brokenhearted, binds up their wounds.** C: Glory be to the Father and to the Son and to the Holy Spirit. **R: As it was in the beginning, is now, and ever shall be, world without end. Amen.**

KYRIE O'Connor

GLORIA

OPENING PRAYER

Life giving Father, Your Spirit descended upon Your Son in the synagogue. By the gifts of the same Spirit enable us to fulfill Your calling by being instruments of Your love and peace. We ask this through the same Jesus Christ, Who lives and reigns with You and the same Holy Spirit, one God, for ever and ever. **R. Amen.**

~ LITURGY OF THE WORD ~

FIRST LESSON Nehemiah 8:2-4a, 5-10

Ezra the priest brought the law before the assembly, which consisted of men, women, and children old enough to understand. Standing at one end of the open place that was before the Water Gate, he read out of the book from daybreak till midday, in the presence of the men, the women, and those children old enough to understand; and all the people listened attentively to the book of the law. Ezra the scribe stood on a wooden platform that had been made for the occasion. He opened the scroll so that all the people might see it – for he was standing higher up than any of the people – and, as he opened it, all the people rose. Ezra blessed the Lord, the great God, and all the people, their hands raised high, answered, "Amen, amen!" Then they bowed down and prostrated themselves before the Lord, their faces to the ground. Ezra read plainly from the book of the law of God, interpreting it so that all could understand what was read. Then Nehemiah, that is, His Excellency, and Ezra the priest-scribe and the Levites who were instructing the people said to all the people: "Today is holy to the Lord your God. Do not be sad, and do not weep" – for all the people were weeping as they heard the words of the law. He said further: "Go, eat rich foods and drink sweet drinks, and

allot portions to those who had nothing prepared; for today is holy to our Lord. Do not be saddened this day, for rejoicing in the Lord must be your strength.

This is the Word of the Lord. R. Thanks be to God.

GRADUAL - Traditional Mass

Psalm 30:11, 13

C: Hear, O Lord, have mercy on me; Lord, be my helper. R: With my whole being I sing endless praise to You. O Lord, my God, forever will I give You thanks.

RESPONSORIAL PSALM - Contemporary Mass

Psalm 19:8, 9, 10, 15



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The law of the LORD is perfect, refreshing the soul;
The decree of the LORD is trustworthy, giving wisdom to the simple.

R. Your words, Lord, are Spirit and life.

The precepts of the LORD are right, rejoicing the heart; The command of the LORD is clear, enlightening the eye.

R. Your words, Lord, are Spirit and life.

The fear of the LORD is pure, enduring forever;
The ordinances of the LORD are true, all of them just.

R. Your words, Lord, are Spirit and life.

Let the words of my mouth and the thought of my heart find favor before you,

O LORD, my rock and my redeemer.

R. Your words, Lord, are Spirit and life.

SECOND LESSON

Brothers and sisters: As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit.

1 Corinthians 12: 12-30

Now the body is not a single part, but many. If a foot should say, "Because I am not a hand I do not belong to the body," it does not for this reason belong any less to the body. Or if an ear should say, "Because I am not an eye I do not belong to the body," it does not for this reason belong any less to the body. If the whole body were an eye, where would the hearing be? If the whole body were hearing, where would the sense of smell be? But as it is, God placed the parts, each one of them, in the body as he intended. If they were all one part, where would the body be? But as it is, there are many parts, yet one body. The eye cannot say to the hand, "I do not need you," nor again the head to the feet, "I do not need you." Indeed, the parts of the body that seem to be weaker are all the more necessary, and those parts of the body that we consider less honorable we surround with greater honor, and our less presentable parts are treated with greater propriety, whereas our more presentable parts do not need this. But God has so constructed the body as to give greater honor to a part that is without it, so that there may be no division in the body, but that the parts may have the same concern for one another. If one part suffers, all the parts suffer with it; if one part is honored, all the parts share its joy.

Now you are Christ's body, and individually parts of it. Some people God has designated in the church to be, first, apostles; second, prophets; third, teachers; then, mighty deeds; then gifts of healing, assistance, administration, and varieties of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work mighty deeds? Do all have gifts of healing? Do all speak in tongues? Do all interpret?

This is the Word of the Lord. R. Thanks be to God.

ALLELUIA Psalm 146:2



C: Alleluia, alleluia, alleluia, alleluia, alleluia, alleluia. C: Praise the Lord, my soul; I shall praise the Lord all my life, sing praise to my God while I live. R: Alleluia, alleluia, alleluia.

GOSPEL Luke 1:1-4, 4:14-21

Since many have undertaken to compile a narrative of the events that have been fulfilled among us, just as those who were eyewitnesses from the beginning and ministers of the word have handed them down to us, I too have decided, after investigating everything accurately anew, to write it down in an orderly sequence for you, most excellent Theophilus, so that you may realize the certainty of the teachings you have received.

Jesus returned to Galilee in the power of the Spirit, and news of him spread throughout the whole region. He taught in their synagogues and was praised by all. He came to Nazareth, where he had grown up, and went according to his custom into the synagogue on the Sabbath day. He stood up to read and was handed a scroll of the prophet Isaiah. He unrolled the scroll and found the passage where it was written: "The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor. He has sent me to proclaim liberty to captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim a year acceptable to the Lord." Rolling up the scroll, he handed it back to the attendant and sat down, and the eyes of all in the synagogue looked intently at him. He said to them, "Today this Scripture passage is fulfilled in your hearing."

This is the gospel of the Lord. R. Praise be to You, Lord Jesus Christ.

HYMN TO THE HOLY SPIRIT 142 Holy Spirit, Come Inspire Us

Holy Spirit, come inspire us. Send Your sevenfold gifts upon us. (As we hear Your word most solemn, Teach our hearts to know Your wisdom.)

HOMILY

PROFESSION OF FAITH

PRAYERS OF THE FAITHFUL - Contemporary Mass

R: Lord hear our prayer.

~ LITURGY OF THE EUCHARIST ~

OFFERTORY VERSE Psalm 146:8

The Lord gives sight to the blind. The Lord raises up those who are bowed down; the Lord loves the righteous.

OFFERTORY HYMN (8:00) 160 We Kneel Before You (1-3, as needed)

We kneel before You, eternal Savior. In adoration, this song we offer. [: Though so unworthy to ask Your blessing, We join in praise with angels rejoicing. :]

We now confess You, Divine Creator, Our hearts' full love we give You, O Master. [: Savior, we thank You for our redemption. In Your great sacrifice is our salvation. :]

You are our true God, holy forever. Be, Lord, our refuge, Mighty Defender. [: Bless Your creation from fatal outcome, And in adversity, be our contentment. :] OFFERTORY ANTHEM (9:30) For the Troubles and the Sorrows of the World

R. N. Neto, arr. Elfman

For the troubles and the sorrows of the world, God, we call upon Your mercy.

The whole creation's laboring in pain.

Lend an ear to the rising cry for help from oppressed and hopeless people.

Come! Hasten Your salvation, saving love!

We pray for peace: the blessed peace that comes from making justice repair our broken world.

Have mercy, Lord! We pray for pow'r: the pow'r that will sustain Your people's witness

Until Your kingdom comes. Kyrie eleison! [Lord, have mercy].

The Cathedral Chorale Kaitlyn Gingerlowski, violin; Ernie Pappa, guitar

PRAYER OVER THE GIFTS

Loving God, You have created us and called us to be Your disciples. Make holy these gifts we offer You today and strengthen us in that calling. We ask this through our Lord, Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. **R. Amen.**

PREFACE

SANCTUS Mushalko/Harrig

~ CANON ~

THE LORDS PRAYER

AGNUS DEI Alstott

POST-COMMUNION HYMN One Bread, One Body (verses as needed)

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Refrain: One Bread, one Body, one Lord of all, one cup of blessing which we bless, And we, though many throughout the earth, we are one body in this one Lord.

Gentile or Jew, servant or free, woman or man, no more. Refrain

Many the gifts, many the works, one in the Lord of all. Refrain

Grain for the fields, scattered and grown, gathered to one for all. Refrain

COMMUNION VERSE

Therefore, if you hearken to My voice and keep My covenant, you shall be My special possession, dearer to Me than all other people, though all the earth is Mine. You shall be to Me a kingdom of priests, a holy nation.

PRAYER AFTER COMMUNION

Eternal Father, in Your Son the prophecies of the Scriptures have been fulfilled. Through this Holy Communion may we receive the strength to faithfully fulfill the ministry that You have entrusted to our care. We ask this through the same Jesus Christ, Who lives and reigns with You and the Holy Spirit, one God, for ever and ever. **R. Amen.**

FINAL BLESSING (please kneel)

DISMISSAL

C: Let us bless the Lord! R: Thanks be to God.

Prayer After Holy Mass (please remain kneeling)

I am grateful to You, Lord, that I was able to come to church and participate in the Holy Sacrifice of Mass. I thank You for receiving Your gracious pardon, Your instruction and teaching through Your Word, and Your Body and Blood in Holy Communion. May Your sacraments continue to strengthen and help me to be faithful to You and Your Church. Help me to face all the challenges of life on my journey to Your heavenly kingdom. Amen.

CLOSING HYMN Take My Life and Let It Be

KIEDY RANNE

Exodus 19:5-6a

Take my life and let it be consecrated, Lord, to Thee.

Take my moments and my days; let them flow in ceaseless praise.

Take my hands and let them move at the impulse of Thy love.

Take my feet and let them be swift and beautiful for Thee.

Take my voice and let me sing always, only, for my King; Take myself, and I shall be ever, always, all for Thee.

POSTLUDE Processional in Eb

Alexandre Guilmant