

# St. Stanislaus Cathedral

The First Parish of the Polish National Catholic Church

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**July 21, 2024 ~ Sixteenth Sunday in Ordinary Time**

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PRELUDE *Pastorale*

G. F. Hande

## **Prayer Before Holy Mass (please rise)**

*My dear God and loving Father, as I participate in this Holy Mass, may Jesus fill me with His holy grace when I open my heart to Him in sincere prayer. May the sacraments I will receive, the prayers that I will say and the hymns that I will sing bring me closer to Jesus and help me to be more like Him in all that I say and do. May the Holy Communion that I will receive give me strength, so that I may share faith, hope and love with the people I will meet. Amen.*

## OPENING HYMN 222 *From Your Throne, O God*

From Your throne, O God, in heaven, turn to us a gracious ear;  
Keep from us the wiles of evil; guard us from the dooms we fear.  
Do not choose, Lord, to be angry, though Your people rend Your law;  
Turn our hearts away from sinning to repentance, God of all.

Confident, may we entreat You here before Your altar gates;  
Grant to us, O hidden Godhead, all the favors of Your grace,  
That together with creation, all of high and low degree,  
We may praise You and adore You, Holy Triune Majesty.

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## INTROIT

Proverbs 30:7-8

C: Two things I ask of You, deny them not to me before I die: **R: Put falsehood and lying far from me, give me neither poverty nor riches; provide me only with the food I need.**

C: Glory be to the Father, and to the Son, and to the Holy Spirit. **R: As it was in the beginning, is now, and ever shall be, world without end. Amen.**

## KYRIE

Alstott

## GLORIA

Englert

## OPENING PRAYER

Heavenly Father, Your Son had taught us to come to You for our daily bread. Have compassion on those who have been reduced to poverty and hunger. By Your grace, let us cheerfully bear each other's burdens according to Your will. We ask this through the same Jesus Christ, Who lives and reigns with You, and the Holy Spirit, one God, forever and ever. **R. Amen.**

## ~ LITURGY OF THE WORD ~

### FIRST LESSON

Jeremiah 23:1-16

Woe to the shepherds who mislead and scatter the flock of my pasture, says the Lord. Therefore, thus says the Lord, the God of Israel, against the shepherds who shepherd My people: You have scattered My sheep and driven them away. You have not cared for them, but I will take care to punish your evil deeds. I Myself will gather the remnant of My flock from all the lands to which I have driven them and bring them back to their meadow; there they shall increase and multiply. I will appoint shepherds for them who will shepherd them so that they need no longer fear and tremble; and none shall be missing, says the Lord.

Behold, the days are coming, says the Lord, when I will raise up a righteous shoot to David; As king he shall reign and govern wisely, he shall do what is just and right in the land. In His days Judah shall be saved, Israel shall dwell in security. This is the name they give him: "The Lord our justice."

*This is the Word of the Lord. R. Thanks be to God.*

GRADUAL - *Traditional Mass*

Acts 14:17; Luke 1:53

C: Yet, in bestowing His goodness, He did not leave Himself without witness, for He gave you rains from heaven and fruitful seasons, and filled you with nourishment and gladness for your hearts. **R. The hungry He has filled with good things; the rich He has sent away empty.**

RESPONSORIAL PSALM - *Contemporary Mass*

Psalm 23:1-3, 3-4, 5, 6

From *Chabanel Psalms*

The Lord is my shep - herd; there is noth - ing I shall want.



**R. (1) The Lord is my shepherd; there is nothing I shall want.**

The LORD is my shepherd; I shall not want.

In verdant pastures he gives me repose;  
beside restful waters he leads me; he refreshes my soul.

**R. The Lord is my shepherd; there is nothing I shall want.**

He guides me in right paths for his name's sake.

Even though I walk in the dark valley  
I fear no evil; for you are at my side  
with your rod and your staff that give me courage.

**R. The Lord is my shepherd; there is nothing I shall want.**

You spread the table before me in the sight of my foes;  
you anoint my head with oil; my cup overflows.

**R. The Lord is my shepherd; there is nothing I shall want.**

Only goodness and kindness follow me all the days of my life;  
and I shall dwell in the house of the LORD for years to come.

**R. The Lord is my shepherd; there is nothing I shall want.**

SECOND LESSON

Ephesians 2:13-18

Brothers and sisters: In Christ Jesus you who were once far off have become near by the blood of Christ. For he is our peace, he who made both one and broke down the dividing wall of enmity, through his flesh, abolishing the law with its commandments and legal claims, that he might create in himself one new person in place of the two, thus establishing peace, and might reconcile both with God, in one body, through the cross, putting that enmity to death by it. He came and preached peace to you who were far off and peace to those who were near, for through him we both have access in one Spirit to the Father.

*This is the Word of the Lord.* **R. Thanks be to God.**

ALLELUIA

Psalm 78:29

traditional Ukrainean chant, arr. Elfman)



C: Alleluia, alleluia, alleluia. **R: Alleluia, alleluia, alleluia.** C: They ate till they had more than enough, for He had given them what they craved. **R: Alleluia, alleluia, alleluia.**

GOSPEL

Mark 6:30-34

The apostles gathered together with Jesus and reported all they had done and taught. He said to them, "Come away by yourselves to a deserted place and rest a while." People were coming and going in great numbers, and they had no opportunity even to eat. So they went off in the boat by themselves to a deserted place. People saw them leaving and many came to know about it. They hastened there on foot from all the towns and arrived at the place before them.

When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things.

*This is the gospel of the Lord.* **R. Praise be to You, Lord Jesus Christ.**

HYMN TO THE HOLY SPIRIT 143 (1, 2) *Holy Spirit, Dwell Within Us*

Holy Spirit, dwell within us.  
Great Creator, come and teach us.  
Send Your grace and consolation.  
Fill the hearts of Your Creation.

You were named by God in heaven  
Comforter, the soul's companion.  
Fire of love, O Living Fountain,  
Counsel us; our souls enlighten.

HOMILY

PROFESSION OF FAITH

PRAYERS OF THE FAITHFUL - *Contemporary Mass*

**R: Lord hear our prayer.**

**~ LITURGY OF THE EUCHARIST ~**

OFFERTORY VERSE

Psalm 81:11

I, the Lord, am your God, Who led you forth from the land of Egypt; open wide your mouth,  
and I will fill it.

OFFERTORY HYMN *The King of Love My Shepherd Is* (1, 2, 5)

The King of love my shepherd is, Whose goodness faileth never;  
I nothing lack if I am His, and He is mine forever.

Where streams of living water flow, my ransomed soul He leadeth,  
And, where the verdant pastures grow, with food celestial feedeth.

Thou spreadst a table in my sight; Thine unction grace bestoweth;  
And, oh, what transport of delight from Thy pure chalice floweth!

PRAYER OVER THE GIFTS

Almighty God, may we, who offer this oblation, be filled with the love of Jesus and go forth  
as instruments of Your purpose. We ask this through the same Jesus Christ, Who lives and  
reigns with You and the Holy Spirit, one God, forever and ever. **R. Amen.**

PREFACE

SANCTUS

Proulx

**~ CANON ~**

THE LORDS PRAYER

AGNUS DEI

Elfman

POST-COMMUNION HYMN (8:00) 212 (1, 3) *Come Before Our Lord*

Come before our Lord, and let us sing to Him.  
Our loving praises let us give to Him.  
(Thanksgiving and honor, giv'n the sacred story  
In rev'rent music and in hymns of glory.)

All faithful people fall on knees before Him  
And with hands upraised send our pray'rs unto Him.  
(Our God and Father, we shall always call to Him.  
We, sheep He pastures, give our service to Him.)

POST-COMMUNION MUSIC (9:30) *Pan de Vida (Bread of Life)*

Hurd/Moriarty

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Pan de Vida, Cuerpo del Señor, Cup of blessing, Blood of Christ the Lord.  
At this table, the last shall be first. Poder es servir, porque Dios es amor.

We are the dwelling of God, fragile and wounded and weak.  
We are the body of Christ, called to be the compassion of God.  
Somos el templo de Dios, frágiles seres humanos,  
Somos el cuerpo del Christo, llamados a ser compasivos.  
“You call me Teacher and Lord, I, who have washed your feet.  
So you must do as I do, so the greatest must become the least.”

[Bread of Life, Body of the Lord; Santa copa, Christo Redentor.  
Su justicia nos convertirá. Power is for service, because God is love.  
“Ustedes me llaman ‘Señor.’ Me inclino a lavarles los pies.  
Hagan lo mismo, humildes, sirviéndose unos a otros.”]

Ernie Pappa and Rebecca Elfman, vocals, guitar

COMMUNION VERSE

Luke 6:21

Blessed are you who are hungry now, for you will be satisfied.

PRAYER AFTER COMMUNION

Lord Jesus Christ, inspire us with Your love and pity to bring to You every straying and famished soul. Be their Shepherd; satisfy them with the Living Bread; and grant us the witness of Your Spirit in our hearts. For You live and reign with the Father and the same Holy Spirit, one God, forever and ever. **R. Amen.**

FINAL BLESSING (please kneel)

DISMISSAL

C: Let us bless the Lord! **R: Thanks be to God.**

**Prayer After Holy Mass (please remain kneeling)**

*I am grateful to You, Lord, that I was able to come to church and participate in the Holy Sacrifice of Mass. I thank You for receiving Your gracious pardon, Your instruction and teaching through Your Word, and Your Body and Blood in Holy Communion. May Your sacraments continue to strengthen and help me to be faithful to You and Your Church. Help me to face all the challenges of life on my journey to Your heavenly kingdom. Amen.*

CLOSING HYMN *Sent Forth by God's Blessing*

THE ASH GROVE

Sent forth by God's blessing, our true faith confessing,  
The people of God from this dwelling take leave.  
The Supper is ended. Oh, now be extended  
The fruits of this service in all who believe.  
The seed of Christ's teaching, receptive souls reaching,  
Shall blossom in action for God and for all.  
Your grace shall incite us, Your love shall unite us  
To work for Your Kingdom and answer Your call.

With praise and thanksgiving to God ever-living,  
The tasks of our everyday life we will face.  
Our faith ever sharing, in love ever caring,  
Embracing God's children, the whole human race.  
With Your feast You feed us; with Your Light now lead us;  
Unite us as one in this life that we share.  
Then may all the living, with praise and thanksgiving,  
Give honor to Christ and His Name that we bear.

POSTLUDE *Toccata on "The Ash Grove"*

Rebecca Elfman