St. Stanislaus Cathedral

www.saintstanislauspncc.org

Email: Events@SaintStanislausPNCC.org

The First Parish of the Polish National Catholic Church 529 East Locust St. Scranton, PA 18505 – Office 570-961-9231

The Right Reverend Bernard J. Nowicki, DD, pastor – bishop@saintstanislauspncc.org
The Reverend Janusz A. Lucarz, assistant pastor – frjanusz@saintstanislauspncc.org
Ms. Rebecca Elfman – Organist / Director of Music

First Sunday in Lent February 18, 2024



Masses: 8:00 am—Traditional Holy Mass 9:30 am—Contemporary Holy Mass 11:15 am—Traditional Holy Mass, Cathedral Chapel, Our Savior, Tripp Park

Parish Office: 570-961-9231 –**Youth Center:** 570-961-8364

Fred Aebli: Parishchair@saintstanislauspncc.org Announcements: Bulletin@saintstanislauspncc.org Bills/Payments: Treasurer@saintstanislauspncc.org Parish Information: Office@saintstanislauspncc.org

Today

10:45 am – SOCL Classes

Wednesday, February 21st

7:00 pm – Stations of the Cross with Exposition, Eucharistic Adoration and Benediction

Stations readers – ANS

Lectors:

2/18 – 8:00 – Kathy Michalina

9:30 – Judy Snyder

11:15 – David Rychleski

2/25 – 8:00 – John Andrzejewski

9:30 – Patrick McHugh

11:15 – David Rychleski

Thursday, February 22nd

6:30 pm – Cathedral Chorale rehearsal

Friday, February 23rd

12:00 noon – Stations of the Cross, lower Cathedral Chapel

Saturday, February 24th

10:00 am – Confirmation class 11:00 am – First Communion class

Next Sunday, February 25th – Second Sunday of Lent

Holy Mass: **8:00 am** Traditional **9:30am** Contemporary **11:15 am** Cathedral Chapel, Tripp Park

<u>Schedule of Readers for Stations of the Cross</u> – February 21st – ANS; February 28th – YMS of R; March 6th – Cathedral Chorale; March 13th – UYA; March 20th – Parish Committee.

<u>Annual Parish Meeting</u> – The annual parish meeting is scheduled for its usual time on the first **Sunday in March**, **March** 3rd.

There will only be one mass on that Sunday at 9:00 a.m. and the annual meeting will commence after mass in the parish hall. Annual reports will be placed in the parish hall for all parishioners to obtain. They will be available in the later part of February before the meeting.

If anyone is interested in joining the parish committee for this year please contact Carol Nasser (570-840-5502), Linda Seliga (480-329-7021) or the parish office 570-961-9231).

Please keep this date open to participate in this important meeting.

<u>FASTING Pamphlet</u> – Please review carefully the pamphlet inserted into this Sunday's bulletin. It provides all Polish National Catholics guidance in the area of fasting for various reasons and at various times. In some circumstances our Church's teaching on this matter differs from that of other denominations notably not regarding a person's age: all people, young and old, who can participate in this spiritual act should participate unless personal or physical circumstances cannot allow that participation. Exceptions to fasting and abstinence are noted in the pamphlet. Please bring these considerations into your Lenten practice this year.

Meal in the Upper Room – A program of melody, meditation, and meal will be conducted in conjunction with the Scranton Seniorate Lenten Retreat on Saturday, March 16, 2024 beginning at 10:00 am at St. Stanislaus Cathedral. The Lenten Retreat will also include our seasonal penitential preparations along with the opening meditation on the Upper Room Meal conducted in our lower Chapel preceding the Meal. Please plan to attend this very beautiful and inspiring presentation.

Seating is limited to 40 participants. Reservations are needed and can be made through June Sarnowski at (home phone) **570-586-1576**. Reservations will be accepted through and including Wednesday, March 6^{th} .

SOCL Blanket Liner Project

"Do not seek revenge or bear a grudge against anyone among your people, but love your neighbor as yourself. I am the LORD." Leviticus 19:18

For Valentine's Day, the Sunday SOCL is learned about love and loving those around us. This year, the class is looking to give back to the community. They are collecting clean plastic grocery bags for a local woman who crochets and turns them into blanket liners for homeless veterans. If you have any clean plastic grocery bags at home, please consider donating them to this wonderful cause!

Please bring all donations to the library by March 3rd.

Thank you!
The Sunday SOCL Class of 2023-2024

Breakfast Buffet with the Easter Bunny sponsored by Branch #1 of the YMS of R takes place Sunday, March 17th after 9:30 a.m. Mass in the Parish Youth Center. Tickets are: Adults - \$10.00; Children age 4-12 - \$5.00; Children ages 3 and under: Free. Please make reservations in the Church Auditorium after 9:30 am Mass on Sundays or call Frank Gerardi 570-587-3672. A *limited* number of tickets will be available at the door, so please make your reservations by Thursday, March 14th.

<u>Calling all Bakers!!!!</u> – Seeking Homemade baked items for a Bake Sale at our annual parish meeting on Sunday, March 3rd. Please bring items before 9:00 am mass. Please contact Debbie Godek at (570)351-3954 or Linda Seliga at (480)329-7021 for additional information.

Any baked goods are greatly appreciated!

<u>Vacation Bible School this year for St. Stanislaus</u> – *Calling all volunteers and everybody interested in promoting Chrisian education for the young within our Parish and our surrounding community!* St. Stanislaus' Vacation Bible School will be taking place this summer beginning the last week in July from the 29th!

In order to make this event the huge success we would like it to be, we are going to need volunteers to help with decorating, reading lessons, arts and crafts, snack time, and more! Any help is greatly appreciated. If you are interested, please reach out to Jessica Notari for the latest details at (570) 616-5175 or notari.jt@gmail.com. Thank you in advance for your support.

<u>23rd Mission & Evangelism Workshop</u> – "The Christian Ambassador's Toolbox" will be held **on Friday, April 12, through Sunday, April 14, 2024**, at **Saint Barbara's Parish of the PNCC in Houtzdale, PA** in central PA. Hotel accommodations: **Hampton Inn Clearfield**, Clearfield, PA 16830.

The cut-off deadline date for obtaining the guaranteed room rate of 25 double queens, \$109.00, 20 Kings, \$109.00 plus tax, is **Thursday, March 21, 2024**.

The registration fee is \$50.00. The deadline for registration is **Tuesday**, **April 2**, **2024**.

<u>Easter Flower Donations</u> — With Lent fast approaching please consider donating \$25.00 to the ANS Flower Fund in honor or memory of loved ones. Your donation will help beautify our Alters for Easter. Please make checks to ANS Flower Fund and drop in Offertory Basket or mail to 529 E. Locust St. Scranton, PA 18505 by March 20th. Please include names of loved ones. Any questions please contact Connie Tellep (570) 222-4409.

The Four Traditional Lenten Disciplines: Praying, Almsgiving, Fasting, Scripture Reading

PRAYING is the first of the Lenten disciplines:

- praying daily at home;
- praying every Sunday in Church at Mass;
- praying every week at Lenten devotions on Wednesdays or Fridays with three opportunities weekly to attend the Stations of the Cross at three convenient locations:

in the Cathedral on Wednesdays, 7:00 pm in the lower chapel on Fridays at 12:00 noon

- coming to church 15 minutes before every Sunday Mass to read and meditate on the scripture readings provided in the order of service for the Mass;
- coming to church 15 minutes before every Sunday Mass, to read and meditate on the hymn texts selected for the Mass since hymns are poetic prayers, reflections and also mini-sermons which can provide you with guidance and comfort.

ALMSGIVING - monetary offerings, grants, gifts, bequests and donations:

- responding to requests you receive in the mail for worthy charities;
- providing increased offerings to the Church at its various levels parochial, diocesan and national;
- contributing more broadly to various parish projects, needs;
- arranging the inclusion of a generous bequest to the Church from your estate after your death.

FASTING is a long-hallowed Lenten discipline:

- adjusting your dietary routines by abstaining from eating meat on every Wednesday and Friday without substituting lobster and scallops instead;
- giving up one or more things you like to eat or something you enjoy doing through the whole season;
- fasting from wrongdoing, that is, doing good to others, doing acts of love towards others, doing random acts of kindness towards others.

READING SCRIPTURE:

- Bible reading each day through Lent on the theme given below of living out the Season of Lent as Resurrection People.
- All these disciplines require a sacrifice the <u>sacrifice of your time</u> for prayer, Lenten devotions, scripture reading, fasting and almsgiving.

This is the Lenten mortification you hear about each year. But it's less about the mortification of the flesh than about something much worse, and for many of us, far more painful; this Lenten mortification outlined for you above is about the mortification of your personal schedules – which would need to be adjusted the seven-week period in order to accommodate your participation in the various Lenten disciplines, as you prioritize those activities over other activities in your schedules.



The FOUR LENTEN DISCIPLINES – Praying, Fasting, Almsgiving and Daily Bible Readings

Let's live Lent as People of the Resurrection.....

....following our Saviour as he takes up his cross. We repent of our sins. We live Lent knowing the end of the story. Our sins are forgiven, washed away in Jesus' blood. The promise of the empty tomb is the promise of paradise!

THE PURPOSE OF GOD The Lord Fulfills His Purpose

Sunday	The Lord's purpose for me	Psalm 138:4-8
Monday	To give his life	Mark 10:42-45
Tuesday	The Son's purpose	John 12:27-33
Wednesday	Seeking the lost	Luke 15:1-7
Thursday	Your will be done	Luke 22:39-46
Friday	The way of the cross	Matthew 16:21-28
Saturday	Called, justified and glorified	Romans 8:28-30



Lenten Services and Events

Fridays – 12 noon (beginning February 23rd) – Stations of the Cross, chapel, lower chapel

Wednesdays – 7:00 pm – <u>Stations of the Cross</u>, Cathedral

Various societies and parish ministries will read the meditations each week.

(Cathedral Chapel, Tripp Park attendees may worship at the hour given above on either day)

Holy Tuesday – March 26th – TBD – Chrism Mass, Cathedral

Holy Thursday – March 28th – 7:00 pm – Mass of the Institution of the Eucharist

Good Friday –**March 29**th – 12:00 to 3:00 pm – <u>Holy Hour, Stations, Mass of the Pre-sanctified, opening of the Tomb of Jesus</u>

Good Friday – March 29th – 7:00 pm – <u>Tenebrae</u>

Holy Saturday – March 30th – 4:00 pm – Vigil of the Risen One

THIS WEEK'S LITURGIES

Monday, February 19

8:30 am – Holy Mass

Tuesday, February 20

8:30 am – Holy Mass

Wednesday, February 21

8:30 am – Holy Mass

Thursday, February 22

8:30 am – Healing Mass

Friday, February 23

8:30 am – Healing Mass

Saturday, February 24

8:00 am – Holy Mass

SAVE THE DATE

DURING LENT:

Wednesdays – Stations of the Cross with Benediction of the

Blessed Sacrament

7:00 pm – Cathedral

Fridays – Stations of the Cross

12:00 pm – Lower chapel Saturday, March 2nd

12:00 pm – 1:00 pm – One Hot Meal

Sunday, March 3rd – Annual Parish Meeting

Following 9:00 am Holy Mass ONE MASS THIS DAY

Sunday, March 10th – Solemnity of the Institution of the

Polish National Catholic Church

8:00 am & 9:30 am – Holy Mass

Saturday, March 16th – Scranton Seniorate Lenten Retreat

10:00 am – 12:00 pm – featuring the Meal in the Upper Room

– St. Stanislaus Cathedral

Sunday, March 17th – Breakfast Buffet w/ the Easter Bunny

Following 9:30 am Holy Mass